



KANSAS: STRONGER TOGETHER

Kansas Crisis Counseling Program for COVID-19

STAY SAFE & INFORMED.

WE'LL GET THROUGH THIS TOGETHER.

Contact the Kansas Crisis Counseling Program for COVID-19 crisis assistance hotline anytime, at no cost at:

1-800-273-8255

For other related assistance contact:

SAMHSA Disaster Distress Hotline

SAMHSA's Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to disasters. Call the Disaster Distress Helpline at: **1-800-985-5990**. **Spanish-speakers can call the hotline and press "2" for 24/7 bilingual support.**

Text the Disaster Distress Hotline

To connect with a live DDH crisis counselor 24/7 via SMS, from the 50 states text "TalkWithUs" for English or "Hablanos" for Spanish to 66746. Spanish-speakers from Puerto Rico can text "Hablanos" to 1-787-339-2663.

National Suicide Prevention Lifeline online chat:

<https://suicidepreventionlifeline.org/> and click on the CHAT option.

Help is just a phone call, online chat, or text away.

Visit us online at ksstrongertogether.org or on FaceBook at: Kansas: Stronger Together